# a Patisserie chef

eckō unitd

## **CAN'T**

draw or be patient

## CAREER

Third-year patisserie chef apprentice

## EXPERT ON

making delicious treats suitable for various dietary needs

# CAN 99>

bake delicious treats and lift heavy weights

## **STUDIED**

Cert II in Kitchen Operations and Commercial Cookery at TAFE and Cert IV in Patisserie

## **WORKS WITH**

chemistry, maths, and passion

## GOAL

to open his own business where people can come in, enjoy delicious food, and have fun

## LOVES

seeing the joy and happiness on people's faces when they eat his desserts



www.futureyouaustralia.com.au/pathfinders/jamie

#### **Meet Jamie Morris**

#### What do you do?

I am currently studying to be a patisserie chef. I'm in my 3rd year.

#### How did you get into that job?

Well, at first, I wanted to be a chef. I even have two certs in kitchen operations and commercial cookery, a Cert II in Kitchen Operations and a Cert II in Commercial cookery. They helped me get a bit of experience. I did a bit of volunteering in a place in Tasmania called the Hamlet Café. Finally, I was set on the path of patisserie by becoming a part-time bakery assistant, where I was doing on-the-job experience before being offered a part-time apprenticeship, working four days a week and going to TAFE part-time.



#### How does your job help people/the community/the world?

With how I was taught, the products I can make can be eaten by people with dietary needs, like people who are lactose intolerant or have egg allergies etc.

#### What are two things you're not good at?

- Drawing
- Being patient



#### What are two things you are good at?

- Cooking
- Lifting weights



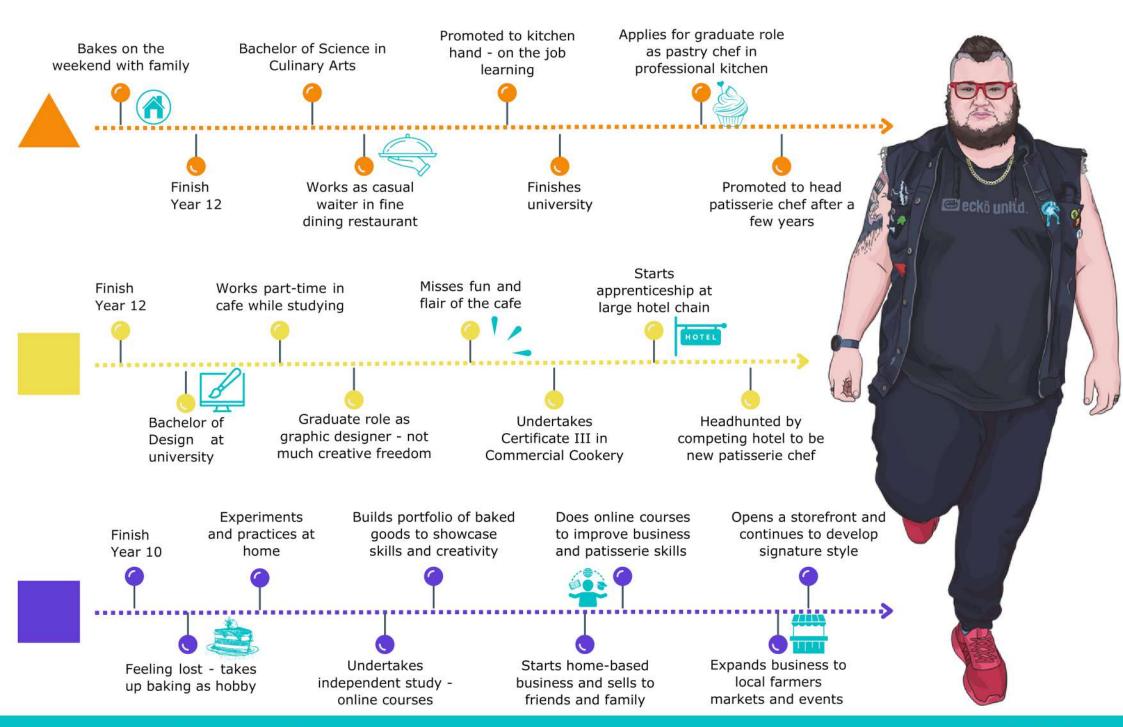
#### What makes you happy (outside of work)?

In my spare time, I play D&D and spend time with my family. I play video games and like streaming them on Twitch sometimes.



Some of the delicious treats Jamie has made.





#### **Patisserie chef career pathways**



The educational qualifications and levels outlined in these pathways are intended as general guidelines. To obtain accurate and up-to-date information, explore resources specific to your state or territory, available through websites like <u>myfuture.edu.au</u>, <u>YourCareer.gov.au</u> and <u>australianapprenticeships.gov.au</u>.

There is also a range of financial support available for students doing apprenticeships or going to university, visit www.servicesaustralia.gov.au/education to see what's available.



- Bachelor of Science: <a href="https://www.courseseeker.edu.au/">https://www.courseseeker.edu.au/</a>
- Graduate role: https://prosple.com/



- Bachelor of Design: https://www.courseseeker.edu.au/
- Graduate role: <a href="https://prosple.com/">https://prosple.com/</a>
- Certificate III in Commercial Cookery: https://training.gov.au/training/details/SIT30812
- Apprenticeship: https://www.apprenticeships.gov.au/



- Online patisserie courses: https://apsi.edu.au/courses/patisserie/
- Business support: <a href="https://business.gov.au/">https://business.gov.au/</a>

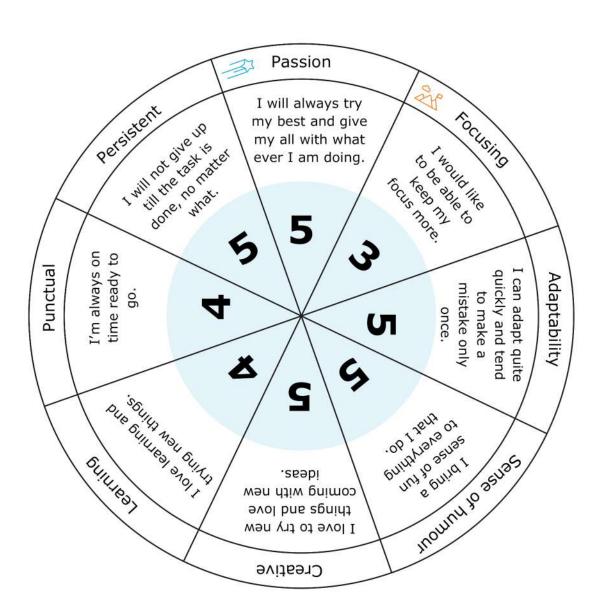


Remember, there are countless pathways to the same career. Each child's unique skills, interests, and strengths will guide them on their personal journey to success.





#### My strengths



Jamie Morris

15 Sept, 2023

Name

Date



My biggest strengths are:

Passion is definitely one of my strengths. I always put my heart and soul into everything I do. Being persistent is another. I keep going until I feel I get things right.



I would like to get stronger in:

Focusing. I have ADHD, and I sometimes find it hard to complete the task I need to do.

Actions I can take to reach my goal:

- 1. Having someone remind me to stay on task helps.
- 2. Stop for a second and just try to refocus on the task at hand.

Someone who can help me reach my goal is:

My family and my best mate are always there to help me if I need it.

I can help other people strengthen their:

I have this natural ability to bring joy and energy with my passion, and that tends to charge others to do the best they can.

# Capability Convos

#### Australian Curriculum V9.0 links for Years 3 to 7

#### English

- Language
- Literacy

#### **General Capabilities:**

- · Critical and Creative Thinking
- · Personal and Social Capability
- Ethical Understanding
- Literacy

#### Learning outcomes:

All students will be able to:

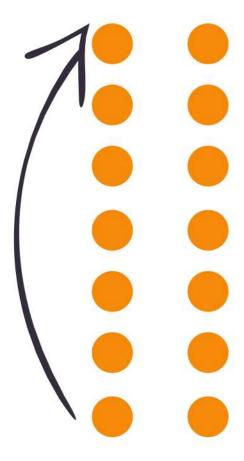
- identify some likes, dislikes, strengths, abilities and/or interests when showing a personal preference
- acknowledge that people have different needs, emotions and abilities

In addition, some students will be able to:

 describe the ways they are connected and can contribute to their community groups

#### **Format**

- Interactive game with 10 questions
- Easy to play
- Read about Jamie's job and journey with the class
- · Print the questions
- Play the game
- Modify or include new questions based on students' needs



Scan this QR code to find out more about me .







#### **Instructions for students**

Line the class up in two lines facing each other to form pairs. Ask the first question. Once each pair has discussed it, get one line to move one person to their right. The person at the end runs around to the other end of the line. Then you ask the next question and repeat the process until all the questions have been asked.



## Jamie Patisserie chef

#### Question 1

What do you think is interesting about Jamie's career?

#### Question 2

What skills does Jamie have that you also have, and does he have any skills you don't have that you would like to have?

#### **Question 3**

Why do you think it's important to find a career that suits your skills and personality?

#### **Question 4**

How are your interests and hobbies similar to Jamie's career?

#### **Question 5**

How do you think Jamie's career contributes to society?

#### **Question 6**

What sort of problems do you think Jamie might have doing this job in a rural or remote location?

#### **Question 7**

How much maths do you think Jamie uses in his job? Can you think of five examples?

#### **Question 8**

What kinds of tools or technologies do you think Jamie would use at work?

#### **Question 9**

How important in Jamie's work is teamwork and communication? Think of an example.

#### **Question 10**

What do you think would be the biggest challenge in pursuing a career as a patisserie chef?



# Comprehension Questions

Australian Curriculum V9.0 links for Years 3 to 7

#### **English**

Literacy

#### **General Capabilities:**

Literacy

#### Learning outcomes:

All students will be able to:

- Identify that all people have strengths and weaknesses
- Actively think about what is happening in various texts as they read them
- Apply comprehension strategies to different media formats

In addition, some students will be able to:

· Identify different reasons for doing different jobs

#### Instructions:

- Format/print the students' question sheets (or load them onto school LMS) and direct students to a copy.
- Read the questions as a class to start, discussing any meanings
- Discuss with the class strategies for being able to answer the questions as they read about Jamie
- Read Jamie's questionnaire and 'Day in the Life' as a class, encouraging students to answer questions as you go

Adaptation note: Questions can be modified on the PDF to meet students' needs or learning focus areas in your classroom

#### **Comprehension questions**

- 1. Name TWO things Jamie is good at.
- 2. And two things Jamie CAN'T do.
- 3. What qualifications does Jamie have?
- 4. What does Jamie love about his job?
- 5. What does Jamie do when he first gets to work?
- 6. How does Jamie's job help make the world better for people?
- 7. What does Jamie want to do in the future?
- 8. How does Jamie get to work?





#### **Comprehension Questions**

Name TWO things Jamie can do.

1.

2.

What does Jamie do when he first gets to works

Name TWO things Jamie can't do.

1.

2.

How does Jamie's job make the world better for people?

What qualifications does Jamie have?

1.

2.

What does Jamie want to do in the future?

What does Jamie love about his jobs

How does Jamie get to work?

## Patisserie Chef

Jamie is a third-year patisserie chef apprentice who enjoys seeing the joy on people's faces when they eat his desserts. Jamie has a Cert II in Kitchen Operations and a Cert II in Commercial Cookery and dreams of opening his own cafe in the future. Find out more:

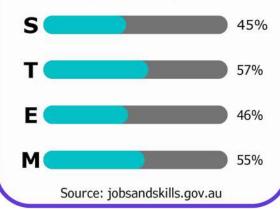
#### futureyouaustralia.com.au/pathfinders/jamie



'I have this natural ability to bring joy and energy to my passion.'

#### **STEM Meter**

How much Science, Technology, Engineering and Mathematics (STEM) does this job use?



#### Job stats and facts

**Future job growth:** Over the next five years jobs in this field are expected to grow by 14%.

**Location:** 34% of chefs live outside capital cities.

#### **Employment pathways:**

A certificate IV in a relevant hospitality field.

3 STEM skills required for this job	Subjects to develop these skills	3 other jobs that value this skill
Chemistry	Science	Pharmacist, Chemical Engineer, Forensic Scientist
Creativity	English, HASS, Science, Technologies, the Arts	Graphic Designer, Event Planner, UX Designer
Ratios	Mathematics	Carpenter, Civil Engineer, Mortgage Broker



#### Other careers related to this line of work



Catering Business Owner Restaurant Manager



#### (P) Food

**Food Scientist** Food Stylist Food Blogger Menu Development Specialist



#### → Health

Nutritionist Public Health Official



Primary School Teacher High School Teacher **Culinary Instructor** 



#### Sustainability

Community Outreach Coordinator Sustainability Consultant

The world is changing rapidly, and this means the career possibilities available to our kids are wide-ranging and exciting (and probably, don't exist yet!).

From traditional vocations to emerging fields, there are countless pathways to be explored.

Parents and teachers can create environments that encourage kids to discover and investigate possible careers that match their skills and interests.

We've included some links to other valuable resources that can help guide career conversations and explorations. Find out more at:

www.futureyouaustralia.com.au/resources/other



## Patisserie Chef

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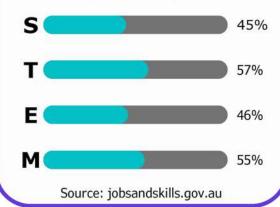
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'I have this natural ability to bring joy and energy to my passion.'

#### **STEM Meter**

How much Science, Technology, Engineering and Mathematics (STEM) does this job use?



## 5 reasons why you should do this job

- 1 It's a creative and artistic job
- 2 Working with your hands is fun
- 3 You'll make people happy
- **4** Travel opportunities
- **5** Work with lots of different people

3 STEM skills required for this job

Subjects to develop these skills

Chemistry

Science

Creativity

English, HASS, Science, Technologies, the Arts

Ratios

Mathematics



#### A day in the life of a patisserie chef

- **6.00am** I wake up, go for a shower, get dressed (enclosed shoes are a MUST when working in a kitchen), blow dry, and oil my beard for that day. I have to look good while I make the goodies.
- **6.45am** I kiss my partner goodbye and she hands me last night's leftovers to have for lunch. Then I walk 15 minutes to the train station while bopping along to wicked music; metal or rock is my go-to. I have to catch two trains and a bus to get to work, and I go to my favourite cafe to get a coffee and breakfast between trains.
- **8.50am** Finally, my morning commute is over. I get off the bus and walk a couple hundred meters to the shop.
- 8.52am I open the shop and turn on the ovens and the coffee machine. I need more caffeine. It's the lifeblood of a hospitality worker. Because we're a dietary specialist bakery and don't do normal bread, we don't need to get to work at 4am like a traditional bread baker would another benefit of dietary requirement baking is not only can everyone eat it, we all get longer in bed each morning! When my boss arrives, we look at the customers' orders that need to be made today and divide and conquer. Most of the time, an order starts with a 6 or 8-inch chocolate or vanilla base cake. These are the building blocks we need to create before we can decorate! I give my hands a good scrub with soap and then put on my apron, hair and beard net (nobody wants hair in their cupcake!), hat and gloves. Then we put on some good tunes to set the vibe for the day.
- 9.00am Time to bake. Along with cupcakes, I have to make three batches of brownies, four batches of carrot cake, two batches of big cake squares for mousse cakes, fruit cakes, and cheesecakes for the shop. Being a patisserie chef is like being a "dessert scientist", and I have to use STEM skills every day to make my yummy treats. I measure all my ingredients carefully, and this is where my maths skills come in handy. Ratios are very important. Once you know the ratio of ingredients to each other, you can quickly work out how much flour, sugar, etc., you need that day to make however many cakes are required. If I had to add up all the individual weights, it would take forever! I turn the ovens on and keep an eye on the thermometers to ensure they're at the perfect temperature. Too hot or too cold, and those desserts won't stand a chance. I get out all my baking tools and ingredients and start baking.
- **12.30pm** By this time, I'm starving! It's time for lunch. I sit outside in the sunshine to eat and watch something on my phone. I don't take breaks with the other staff as there's a lot to be done, but we spend a lot of time chatting while we're working so I'm happy for the peace and quiet.
- I finish lunch and finish off what needs to be baked. I then start to make the fillings and flavourings for the cakes, and some extra so we have spare in the fridge and freezer. No room for error here. I triple-check my ratios and my measurements. Wastage is not a good thing in my job. I also have to mix things in a specific order to ensure the texture and taste is JUST right. It's chemistry in action. I basically spend my days doing fun science experiments with food!
- **2.30pm** It's time to decorate! I work with the head decorator to make sure everything looks delicious and exciting. After I've done the cupcakes, I get out the cake squares and make mousse cakes. I switch between choc raspberry, peanut butter and jam, choc hazelnut, and good old chocolate. I also decorate some other goodies that go behind the counter for Teri to sell. I tried working up the front of the shop but didn't like it as much because customers can be annoying. I much prefer working on the cakes.
- **4.30pm** It's time to start cleaning up and getting ready to head home. It's important to leave the shop clean as a whistle. We take hygiene, health and safety very seriously.
- **5.00pm** I lock up shop and start my long trip home, but this time in reverse. The bus then two trains.
- **7.02pm** I get home, eat dinner with my partner and kids, and we all talk about our days.
- **8.00pm** After I get the kids ready for bed, it's time to relax on the couch with my partner while we watch a movie.
- **10.00pm** It's time to turn the TV off and get some sleep for a bright and early start tomorrow.



#### Pathfinder Workwords

#### **Patisserie Chef**

J M K D B C A L C U L A T I O N S S Q W A T O H E ROPORT IONKAPWKN

#### Find 20 words Jamie needs to do his job.

- **MEASUREMENT** 1.
- 2. **TEMPERATURE**
- **PRECISION** 3.
- THERMOMETER 4.
- **SCALES** 5.
- **PROPORTION** 6.
- 7. **CHEMISTRY**
- **RATIOS** 8.
- **HYGIENE** 9.
- 10. TECHNIQUES

- 11. INGREDIENTS Scan this QR code to find
- MIXING
- 13. TIMING
- 14. CALCULATIONS
- 15. CONDUCTION
- 16. CONVECTION
- 17. CROISSANT
- 18. EXPERIMENT
- 19. DOUGH
- 20. APPRENTICESHIP









#### Pathfinder Workwords

#### **Answers**

A A I Y L O S D L L N G R E D L E N T S T J C
I N K D D W T J T O Q S C H E M I S T R Y D O
Q H E I E Q I Z C O N D U C T I O N C J X O N
T B N F C N M Y Z K N J G Y E M P G U B E U V
E T C R A T I O S M T M S K S X M I X I N G E
C E T A F B N M F A S U R E M F N T C V E H C
H M H S L Z G I H A R X X W C R O I S S A N T
N P E R O C G E J B R M T U E A Z Y W T S J I
I E R Q V V U P R O P O R T I O N G B I O Y O
Q R M E Y U R L K A Y Y G H Y G I E N E W S N
U A O S C W I F A A P P R F N T I C F S H I P
E T M C K I U A S T F I B F I L Y H K Z R V J
S U E A N S S H M F I T U S D U N U T Y V H T
B R T L M L E I N E N O N A L P O E S P K Y K
M E E E X G N Y O S W U N E X P E R I M E N T
M D R S Z K V L H N V L X S J J H Y N K I E B



#### Let's reflect

Were any of these words new to you? Look them up and find out what they mean.

Which of these skills do you think you are best at, or would like to get better at?

49g	1		
	4.		

2.

3.\_\_\_\_\_

Can you think of anything else Jamie might need to do his job?



Meet Jamie. He's a third-year apprentice on his way to becoming a patisserie chef. Fill in the bubbles with 5 STEM (Science, Technology, Engineering and Mathematics) skills he uses in his job. Which of these skills do you think is most important? Which do you think would be the hardest to develop? When you've thought of the skills, colour in the rest of the image.



